

## The New Mums Notebook

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### The New Mums Notebook

The New Mum's Notebook, written by Amy Ransom - mum of three and creator of the Surviving Motherhood blog - does all this and more. From night feeds, napping and weaning, to which films to cue up on Netflix, finding some headspace and getting all the support, coffee and cake you need, Amy has been there - and this is the book she wishes she'd had by her side.

### The New Mum's Notebook: Ransom, Amy: 9781786331168: Amazon ...

The New Mum's Notebook <!--desc-->Reassuring and down-to-earth, The New Mum's Notebook is everything you need for the first year of life with your newborn. What do the new mums want most of the time? They want someone to tell them that what they're right now feeling is 'normal'

### The New Mum's Notebook

Reassuring, funny and down-to-earth, The New Mum's Notebook is everything you need for the first year of life with a baby. Divided into the first 12 months of motherhood, this book is filled with 304 pages of reassurance, love and humour, as well as space to scribble thoughts, feelings and memories from those crazy early hours.

### The New Mum's Notebook | Oliver Bonas

The New Mum's Notebook's primary aim is to normalise everything a new mum may be feeling. It encourages her to lower her expectations and continually reassures her that anything goes in that first year; there is no 'right' way to do things - only HER way.

### Notebooks for Mums - Journals for every stage of motherhood

The New Mum's Notebook - The Mother Maker The perfect gift for a new mum. Includes milestone stickers in back pocket.

### The New Mum's Notebook - The Mother Maker

The New Mum's Notebook is a literary substitute for a new mum's best friend and will nurture her and be by her side, every single day. Word on the street is it's almost worth having another baby for... 304 colour pages including articles, journal pages, affirmations, simple recipes and blank notes pages

### The New Mum's Notebook - Perfect New Mum Gift

Divided into the first 12 months of motherhood, with 304 pages of reassurance, love and humour, as well as spaces to scribble thoughts, feelings and memories from those crazy early days, The New Mum's Notebook will nurture a new mum in however she chooses to raise her baby. Whether it's her first or her fifth.

### [PDF] The New Mum S Notebook Download Full - PDF Book Download

The New Mum's Notebook: a sanity-saving journal; a companion to reassure the sleepless and a new mum's best friend. Reassuring, funny and down-to-earth, THE NEW MUM'S NOTEBOOK is everything you need for the first year of life with a baby. 'It is hands down THE best book I was given as a new mum.

### The New Mum's Notebook by Amy Ransom - Penguin Books Australia

The New Mum's Notebook is 304 pages, priced at £25 (including P&P) and will be available via the website from June. You can subscribe to the mailing list to be the first to order (and receive tasters in the meantime). It will also be available to buy from selected retailers, to be announced shortly.

### The New Mum's Notebook - Surviving motherhood

Divided into the first 12 months of motherhood, with 304 pages of reassurance, love and humour, as well as spaces to scribble thoughts, feelings and memories from those crazy early days, The New Mum's Notebook will nurture a new mum in however she chooses to raise her baby. Whether it's her first or her fifth.

### The New Mum's Notebook: Amazon.co.uk: Ransom, Amy ...

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### The New Mum's Notebook

The New Mum's Notebook is £25 (including P&P). Now available online at The New Mum's Notebook. We also have a couple of retailers on board and are currently in discussion with several others. You can keep up to date with news of these on our Stockists page.

### What is The New Mum's Notebook? - Surviving motherhood

Becoming a mum can be a hugely overwhelming experience and sometimes you need to celebrate those little victories. That is where The New Mum's Notebook by Amy Ransom comes in. I was sent this recently and I can't believe that nothing similar had been made before - it's such a FAB idea!

### The New Mum's Notebook - The perfect accompaniment to that ...

The Not-So-New Mum's Notebook is every mum's essential companion and journal BEYOND THE FIRST YEAR - whether you have a toddler or pre-schooler in tow. Reassuring, joyful and down-to-earth, it will inspire and encourage you - and make you see that YOU'RE A GREAT MUM, JUST AS YOU ARE.

### The Not-So-New Mum's Notebook: Amazon.co.uk: Ransom, Amy ...

Booktopia has The New Mum's Notebook by Amy Ransom. Buy a discounted Hardcover of The New Mum's Notebook online from Australia's leading online bookstore.

### The New Mum's Notebook by Amy Ransom | 9781786331168 ...

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She's also the author of The New Mum's Notebook, The Not-So-New Mum's Notebook and The School Mum's Notebook, sanity saving journals to support mums and their wellbeing in every stage of motherhood, which she created after suffering from PND with her third baby. Find them at [notebooksformums.co.uk](http://notebooksformums.co.uk).

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